

## TARGET MARKET

**Primary:** Men and women looking to support metabolism, manage weight and appetite, maintain water balance and increase energy levels.

**Secondary:** Men and women who are seeking a leaner, more defined appearance, as well as a boost in energy levels.

We use only the highest quality ingredients to maximize your potential for extreme results. For best results, combine YOR CompleteBurn with YOR MRP and a balanced diet and exercise program. †

**ATTENTION: READ PRODUCT WARNINGS ON LABEL PRIOR TO USE. CONSULT YOUR PHYSICIAN BEFORE STARTING ANY DIET AND EXERCISE PROGRAM.**

## SUPPLEMENT FACTS & INGREDIENTS

### Supplement Facts

Amount Per Serving	%DV**
Serving Size: 1 Capsule	Servings Per Container: 84
Vitamin B-6	2mg 100%
Vitamin B-12	20mcg 333%
Zinc Aspartate	1mg 7%
Chromium Picolinate	40mcg 33%
<b>Proprietary Thermogenic Lipolysis and Metabolism Blend</b>	147mg ***
ADVANTRA Z® (30% synephrine), Synephrine HCl 98%, Octopamine HCl, Ginger root, Cayenne, Evodiamine 98%	
<b>Proprietary Appetite Suppressant Blend</b>	137mg ***
Hoodia gordonii, Garcinia cambogia (50-60% l-hydroxy citric acid), Naringin (95% naringenin)	
<b>Proprietary Energy Blend</b>	194mg ***
Caffeine, Green tea (98% polyphenols, 45% EGCG), Cordyceps (7% Cordycepic acid), Yerba mate (8% xanthine alkaloids), Guarana (22% caffeine), Vinpocetine 99%	
<b>Proprietary Thyroid Support Blend</b>	70mg ***
Commiphora mukul (10% Guggulsterone), Coleus forskohlii 10%, Guggulsterones (E-Z 98%)	
<b>Proprietary Stress Management and Mood Balance Blend</b>	65mg ***
5-HTP, Tyrosine, Astragalus root, Panax ginseng 80%, Taurine, Bioperine 95%, Diiodo-L-Tyrosine	
<b>Proprietary Water Loss Balance Blend</b>	93mg ***
Dandelion root extract, Uva-ursi, Juniper berry extract, Nettle leaf 4:1	

\*\* Percent Daily Values are based on a 2,000 calorie diet.

\*\*\* Daily value not established

### Other Ingredients:

Magnesium stearate, gelatin, titanium dioxide, FD&C Blue #1

Manufactured in a facility that processes egg, milk, fish, shellfish, tree nuts, wheat and soy.

**WARNING: Do not use if safety seal is broken or missing. Not for use by persons under 18 years of age. Do not use if pregnant or nursing.** Consult your physician or health care professional before using this product if you have, or have a family history of, conditions including (but not limited to) high blood pressure, heart, thyroid, liver or kidney disease, diabetes, cardiovascular complications, depression or any other psychiatric condition, recurrent headaches, asthma, anemia, nervousness, anxiety, peptic ulcers, glaucoma, prostate enlargement, difficulty urinating, spasms, Parkinson's disease, or seizure disorder, or if you are using barbiturates, Monoamine Oxidase Inhibitors (MAOI) or any other dietary supplement, prescription or over the counter drug containing ephedrine, pseudoephedrine or phenylpropanolamine, or any other product containing ingredients with a known stimulant effect, or are allergic to any of the ingredients present in this product. This product contains caffeine; those consuming other sources of caffeine may experience serious adverse health effects. Those sensitive to caffeine should consult a physician or health care professional before consuming this product.

Discontinue use and consult your physician or health care professional if you experience irregular heartbeat, chest pain, dizziness, headache, nausea, or other similar symptoms.

**Use only as directed. Do not exceed the recommended daily intake.** Overuse of this product is not advised and will not improve your results. Exceeding recommended dosage may cause serious adverse health issues.

Do not use while participating in strenuous activities in high temperature conditions (80°F or higher). When using this product, drink at least 2 liters of water daily.

**KEEP OUT OF REACH OF CHILDREN.**

ADVANTRA Z® is a registered trademark of Nutratech, Inc. / Zhishin, LLC licensor of U.S. Patents 6,224,873; 6,316,499; 6,340,481; 6,340,482 and Canadian Patent 2,248,854.

Distributed by: YOR Irvine, CA 92614 • Made in the USA

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†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent disease.

## SPONSOR INFORMATION

Purchase products online at: [www.yor.com](http://www.yor.com)

Sponsor Name: \_\_\_\_\_

Sponsor Phone: \_\_\_\_\_ Sponsor Email: \_\_\_\_\_ @YOR.net

(SPONSOR USERNAME)



# YOR COMPLETEBURN™

## WEIGHT LOSS SOLUTION†



FUELED BY  
**ADVANTRA Z®**

**YOR®**

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# YOR COMPLETEBURN™

FUELED BY ADVANTRA Z®



YOR COMPLETEBURN™ acts to:

- Stimulate thermogenic lipolysis (the break down of stored fat) with the advanced formula of ADVANTRA Z®†
- Increase metabolism†
- Suppress appetite†
- Provide extreme and long-lasting energy†
- Support normal thyroid function†
- Help manage stress†
- Balance mood†
- Improve water loss balance†

## WHAT'S OUT THERE

With over 400 weight loss products available on the market, it can be extremely difficult for dieters to decide which products are effective, and which ones will suit their individual needs. While they all sound promising, the majority of them do not live up to their claims.

## WHAT YOU NEED

Everyone's body is different. Genetics, lifestyle, and thought patterns all determine how an individual's body will handle stress, process energy, and generate mood. A weight loss product that can more fully address all of the individual's needs is crucial in achieving overall results.

## WHAT WE DELIVER

At YOR, we recognize the distinct concerns of the individual. Our proprietary blends are formulated to work in conjunction with your unique healthy lifestyle program. By addressing 8 crucial elements essential for weight loss, YOR CompleteBurn is designed to enhance overall weight management by giving you more thorough and complete support.†

## DIRECTIONS:

As a dietary supplement test your tolerance by taking one (1) capsule in the morning with 8 oz. of water with or without food. If well tolerated take another capsule four (4) hours later. After tolerance test, you may take up to 3 capsules per day. Do not take after 5PM, as it may cause sleeplessness.

**DO NOT EXCEED THREE (3) CAPSULES DAILY.**

## A LOOK INSIDE YOR COMPLETEBURN

### Thermogenic Lipolysis (the break down of stored fat) and Metabolism Blend:

YOR is excited to bring you the most revolutionary, potent, and effective ingredient backed by clinical research in the weight loss industry today. A study conducted by researchers at the North American Association for the Study of Obesity reported that when a patented form of Citrus aurantium called **ADVANTRA Z®** was ingested by a group of females, the thermic effect of food was increased by 29%.\* **ADVANTRA Z®** is an extract of the Chinese herb zhi-shi, otherwise known as bitter orange or Citrus aurantium. Citrus aurantium contains a family of indirect acting adrenergic amines that facilitate energy production, stimulate metabolic processes, favor uptake of amino acids into muscle, increase lipolysis (mobilization of fat cells into the blood stream to be used as energy), and exert mild hunger-suppressant effects. **Octopamine** targets beta-receptors at the cellular level to support metabolism and thermogenesis.\* **Cayenne** acts as a catalyst for other herbs, and works with **Ginger root powder** thermogenically to stimulate circulation.\* **Evodiamine** helps in preventing the body from storing excess calories as fat.†

### Appetite Suppressant Blend:

Contains the much proclaimed Certified Authentic South African **Hoodia gordonii**. Authentic hoodia is one of the rarest botanicals in the world. It is a cactus like plant that grows exclusively in South Africa. Scientists have isolated several compounds in hoodia that help suppress the appetite. It contains a molecule that behaves like glucose, but is extremely more potent. It goes to the mid-brain and makes those nerve cells feel as if you are full and this in turn stunts the appetite. It basically tricks the brain into thinking that you are full.\* **Garcinia cambogia** is one of the traditional herbal medicines that may have some potential in managing weight. The dried fruit rind of Garcinia cambogia, also known as Malabar tamarind, is a unique source of hydroxycitric acid (HCA), which exhibits a distinct sour taste and has been safely used for centuries in Southeastern Asia to make meals more filling.\*†

### Energy Blend:

Contains a mix of natural caffeine sources such as **Yerba mate** and **Guarana**. Guarana can "improve cognitive performance and reduce the mental fatigue associated with sustained mental effort."\* Green Tea Extract contains anti-oxidants along with **EGCG** for sustained energy and metabolism.\* **Vinpocetine** is an extract from the periwinkle plant that supports the actions of caffeine by enhancing cerebral blood flow and increases glucose extraction\*, the major energy source of the body.†

### Thyroid Support Blend:

Contains **Guggulsterones**, a compound isolated from the plant Commiphora mukul that has been used traditionally to naturally support thyroid function, returning your metabolic rate to where it should be. This means that weight management may become faster and easier, as your body naturally burns more calories each day. One study published in the journal *Current Therapeutic Research*, reported test subjects combined diet and exercise with the use of a supplement containing guggulsterones, and lost fat three times faster than those using diet and exercise alone.\*†

### Stress Management and Mood Balance Blend:

5-Hydroxytryptophan, **5-HTP**, is an amino acid that is the intermediate step between tryptophan and the important brain chemical serotonin. 5-HTP is commonly used to help support mood, weight management, carbohydrate cravings, sleep, and relieve headaches.\* **Tyrosine** is an amino acid that is the precursor of the neurotransmitters norepinephrine and dopamine which act to regulate mood and stimulate metabolism and the nervous system. Supplemental tyrosine is commonly used to promote relaxation, reduce the effects of stress, and to enhance healthy mood.\* **Taurine** is a building block for all other amino acids and is found in high concentrations in the heart muscle, white blood cells, skeletal muscle, and central nervous system. Taurine has a protective effect on the brain, particularly if the brain is dehydrated, and has been used to promote calmness and support cognitive function.\* **Panax ginseng** improves mental performance, combats fatigue, supports vascular health, and enhances an overall sense of well-being.\* **Astragalus root** provides energy to combat fatigue and prolonged stress, increases stamina, increases metabolism, aids adrenal gland function, and promotes healing.\*†

### Water Loss Balance Blend:

Contains a combination of herbs: **Dandelion root**, **Uva ursi**, **Juniper berry**, and **Nettle leaf** that work synergistically to promote proper water balance. (Drink plenty of water to prevent excessive water loss and to maintain normal hydration).†

\*Please see website at [www.yor.com](http://www.yor.com) for all resources, quotes, and clinical studies.

Individual results may vary based on various factors including, but not limited to, your metabolism, exercise routine, diet, smoking, pregnancy, current medications and any medical conditions. As with any health or fitness program, regular exercise and a sensible eating plan are essential to achieve long-term weight loss results

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