



YOR SUPERGREENS

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One scoop of the concentrated formula, YOR SuperGreens™, has greater anti-oxidant power than the combined servings of each of the 24 fruits and vegetables below! †

ORAC, short for Oxygen Radical Absorption Capacity, measures the total anti-oxidant power of foods. Anti-oxidants are powerful protective substances the body uses to defend itself against oxidative damage. Oxidative damage occurs when the oxygen we breathe interacts with toxic factors in our environment (poor diet, stress or pollution), creating harmful free radicals. Excessive free radicals cause stress and damage in the body, accelerate aging, and can possibly lead to health deterioration. The greater the ORAC score a food possesses, the more potential it has for eliminating harmful free radicals. YOR SuperGreens³⁵⁶ has been independently lab tested by Brunswick Labs to contain an **ORAC score of 13,474 per concentrated scoop.**⁴

The acceptance precision of the ORAC Assay is 15% relative standard deviation. ORAC value results reflect anti-oxidant capacity at time of manufacture.



A mixed variety of 24 fruits and vegetables were chosen for comparison, from the USDA 2007 agricultural study on "ORAC of Selected Foods." Each fruit or vegetable is representative of the ORAC value for 1 serving size as established by the USDA.

Directions: Mix one scoop with 8-10 ounces of pure cold water, apple juice or your favorite juice. Shake or stir briskly. May be taken 1-3 times per day.

Supplement Facts Serving Size: 1 Scoop (6.6g) Servings Per Container: 28					
Amount Per Serving %DV*			Amount Per Serving %DV*		
Calories Calories from Fat	25 0		ANTI-OXIDANT VEGGIE-BERRY BLEND Spinach, Quercetin, Broccoli, Carrot, Grape seed extract, Green tea (45% polyphenols), Tomato, Blueberry,	1935mg	**
Total Fat Saturated Fat	0	0% 0%	Cranberry, Pomegranate, Strawberry, Acai berry, Goji/Lycium berry (20% polysaccharides)		
Trans Fat Cholesterol Total Carbohydrate	0 0 4 g	0% 1%	ANTI-STRESS ADAPTOGEN BLEND Maca, Rhodiola root (3% rosavins), Ashwagandha root (1.5% withanolides), Astragalus root (4% isoflavonoids), Schisandra berry (9% schisandrins)	170mg	**
Dietary Fiber Sugars Protein	2 g <1 g 2 g	8%	IMMUNITY AND DIGESTIVE PROBIOTIC BLEND (1BB c.f.u.)*** L. acidophilus, Bifidobacterium bifidus, L. casei rhamnosus, B. longum, S. thermophilus	100mg	**
Vitamin A (as beta carotene) Vitamin C (as ascorbic acid)	672 IU 100 mg	13% 167%	CLEANSING TONIC AND LIVER SUPPORT BLEND Milk Thistle seed extract (80% silymarin), Artichoke leaf extract (15% chlorogenic acids)	100mg	**
Calcium (from plant sources) Iron (from plant sources)	28 mg 2.3 mg	3% 15%	METABOLISM SUPPORT BLEND Ginger rhizome, Turmeric (95% Curcumin), Cinnamon bark	150mg	**
SODIUM SUPER GREEN VITALITY BLEND	50 mg 3600 mg	2%	Lecithin Stevia Extract	300mg 48mg	**
Spirulina (organic), Barley grass, Alfalfa grass (young leaf), Wheat grass (young leaf), Chlorella (cracked-cell wall), Cellulase			*Percent Daily Values are based on a 2,000 calorie diet. ** Daily value not established. *** Activity prior to blend.		

Other Ingredients: Natural Flavors